

A Guide to...

SPRING ♦ 2008

Volume 9, Issue 2

# Recovery & Resolution

A LEGAL NEWSLETTER FOR  
HEALTH CARE PROFESSIONALS



Graham Lundberg & Peschel *Founded 1979*

## 2008 Graham Lundberg & Peschel 2nd Annual Conference On Practice Management for Health Care Providers

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Graham Lundberg & Peschel is proud to announce its second annual Conference on Practice Management for Health Care Providers to take place on Thursday, June 12, 2008 at the SeaTac Doubletree Hotel. This all-day event will, once again, provide valuable information to health care providers that will improve their practice when dealing with personal injury cases. Special presentations will be made by David Musnick, M.D., on pre-existing conditions including *osteoarthritis and Degenerative Joint Disease* as well as updates with what is new in impairment ratings with the *6th Edition to AMA guides to Permanent Impairment*, and Jason Pehling, D.D.S. on *TMJ Injuries and Treatment*. Steven Pollei, M.D., from the Center for Diagnostic Imaging will discuss *MRI and CT Scans and Invasive Treatment*. Attorney Robert Silber will talk about *Labor & Industries Secrets* and Attorney Robert Zielke will return to update everyone on *Health Care Provider Audits*. There are several other speakers that will add to the event's valuable experience and, of course, the Conference will once again be moderated by Ken Golden, the Senior Managing Partner of the South Sound Offices of Graham Lundberg & Peschel.

Mark your calendars now as this

Conference is one that you must attend. The Conference is scheduled from 9:30 a.m. to 4:30 p.m., with a one hour break for lunch, which is included. Pre-registration is highly recommended, which can be done by visiting our website at [www.glpattorneys.com](http://www.glpattorneys.com). Registration will be available at the door, depending on space. The cost is \$75.00 advanced registration and \$100.00 at the door. For more information, visit our website at [www.glpattorneys.com](http://www.glpattorneys.com), or contact Melissa Collins in the North Sound at 800/422-4610, or Marie Wohlert in the South Sound at 800/273-5005. We look forward to seeing you at the conference!



**Plan to attend the 2008 Graham Lundberg & Peschel  
2nd Annual Conference on Practice Management**

## CONFERENCE GUEST SPEAKER HIGHLIGHT

# Guest Speaker: David Musnick, MD

For those of you attending our second annual Conference on Practice Management for Health Care Providers, you will get the opportunity to hear one of our guest speakers, David Musnick, MD. Dr Musnick is a clinician, author, teacher and superb local and national lecturer. He will be speaking about a number of important topics:

### 1. **Osteoarthritis and Degenerative Joint Disease (DJD).**

Dr Musnick will present the latest information on articular cartilage injury and DJD. What is the effect of traumatic injury on articular cartilage in the spine? What are the risks of degenerative processes after traumatic injury? What can be done to support cartilage regeneration and slow cartilage loss after a traumatic injury (Cartilage Protection Strategies)? Can DJD be slowed in the spine, hip and knees? What is the effect of ligament laxity after a sprain on facet cartilage? How should you document X-ray findings of DJD and asymptomatic regions in the medical history?

### 2. **Impairment Ratings.** What is new or changed in impairment ratings with the release of the 6th edition to the AMA Guides to the Evaluation of Permanent Impairment? What patients are good candidates to send for an impairment rating?

Dr. Musnick was a guest speaker at last year's Graham Lundberg & Peschel Conference. David Musnick, MD is on the clinical faculty of the UW Med Center Department of Orthopaedics and Rehabilitation. He is the author of *Conditioning for Outdoor Fitness: Functional Exercise and Nutrition for Every Body*, a book on exercise,

rehabilitation, and injury prevention. He is the author of eight book chapters including two chapters on Osteoarthritis. He is board certified in Sports Medicine and Internal Medicine. He maintains a private practice in Bellevue that specializes in treatment of traumatic injury of the spine, shoulders, knees and hips, tendinitis, chronic joint pain and hypermobility after spine injury. His medical treatment emphasizes regenerative tendon injections, prolotherapy of

ligaments for the SI, lumbar and cervical spine, trigger point and mesotherapy injections for pain management. He does consultations, IMEs and impairment ratings for his Chiropractic and Medical Doctor colleagues.

Please plan to attend Graham Lundberg & Peschel's second annual Conference on Practice Management for Health Care Providers, to be held June 12, 2008, in SeaTac. Register with the enclosed form or online at [www.glpattorneys.com](http://www.glpattorneys.com).

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## Attorney and Paralegal Team Heather D. Webb and Morgan Simpson

**H**eather D. Webb, an associate attorney, and Morgan Simpson, her paralegal, are an integral team in the Seattle office of Graham Lundberg & Peschel.

Heather was born and raised in Redmond, and graduated with a Bachelor of Arts in Spanish from the University of Washington. She has worked in the legal field since her first year of college in 1990. Heather began working as a personal injury paralegal in 1995 and decided to become an attorney in the same field after joining Graham Lundberg & Peschel at its Seattle office in 2002. From 2003 to 2007, Heather was a Rule 6 Law Clerk through the Washington State Bar Association. The Law Clerk Program provides an alternative legal education, which combines a theoretical, scholastic and clinical experience in the law. Heather graduated from the Washington State Bar

Association Law Clerk Program in May 2007 and was admitted to the bar in October 2007.

Heather is married and enjoys spending time with her husband and two young sons.

**Morgan Simpson** joined the firm in 2007 and has been working as Heather Webb's paralegal since. Before joining Graham Lundberg & Peschel, Morgan was a personal injury law paralegal in Everett for two years. Morgan, a native to Washington, grew up in Shoreline, later moving to Lake Stevens and graduated from Lake Stevens High School. She earned her Bachelor of Arts in Political Science – International Affairs in 2004 from Seattle Pacific University. She plans to attend law school in the near future. In the meantime, Morgan enjoys hiking, attending Husky Football games and working with Habitat for Humanity in Seattle.



# Automobile Registration and Insurance Card Folder And Accident Checklist

Graham Lundberg & Peschel has created a new resource for your patients — an automobile registration and insurance card folder for their car. This durable holder not only has space for your patient’s automobile registration and insurance card, but it also has a Car Accident Information card to be filled out at the scene of an accident, and on the back it has a Car Accident Checklist to follow in the event of an accident. If you would like a supply of these new registration and insurance card folders, please contact us and we will mail or drop some off at your clinic.



## INDEPENDENT MEDICAL EXAMS

Our next luncheon seminar series begins September 18th, 2008. Mark your Calenders!

Join us in a discussion regarding:

- **Types of IMEs**
- **When a patient needs an IME**
- **Patients’ options**
- **Ramifications of an IME**

**This is one seminar you cannot afford to miss! Registration begins in August.**

Thursday, **Sept. 18, 2008**  
Everett-Holiday Inn

Wednesday, **Sept. 24, 2008**  
Tacoma-La Quinta

Thursday, **Sept. 25, 2008**  
Renton-Holiday Inn  
Puyallup-Best Western

Thursday, **Oct. 2, 2008**  
Port Orchard-McCormick  
Woods Country Club  
Bellevue-Embassy Suites

Thursday, **Oct. 9, 2008**  
Northgate-Hotel Nexus

Thursday, **Oct. 16, 2008**  
Mt. Vernon-Best Western  
Cottontree Inn

Plan to attend this informative seminar!

- All Seminars: 12:30 – 2:00 pm
- Complimentary Lunch Will Be Served
- Doctors of Chiropractic, Massage Therapists, and Physical Therapists will earn 1.5 CE credits
- Registration is limited to four attendees per office



**W**e are a team of legal professionals working together to advocate for the injured while being recognized in the community for providing the highest level of service.

**Attorneys**

John M. Graham  
Scott F. Lundberg  
Brian J. Peschel  
Kenneth B. Golden  
Cydney Campbell Webster  
John D. Webber  
Sean A. Ayres  
Tara L. Eubanks  
James F. Gooding  
Melissa A. Timmerman  
Carrie D. Umland  
Heather D. Webb  
Rodney G. Zerr

**Paralegals/  
Legal Assistants**

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Patricia Clanton  
Melissa Clune  
Patti Cryder  
Neil Diemer  
Judy Hanson Earle  
Alex French  
Aleena Hodges  
Maya Jenkins  
Linda Kush  
Kellie Lavigne  
Martha McDonald  
Morgan Simpson  
Grace Stephens  
Curtis Williams

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Lynne Golden  
Lindsey Johnson  
Heather Kelly  
Jessica Lee  
Contessa McKenzie  
Becky Moilanen  
Ashley Pearson  
Chandra Smith  
Geoff Waring  
Marie Wohler

**CONVENIENTLY  
LOCATED**

For the convenience of your personal injury patients, we offer several meeting locations throughout Puget Sound and Peninsula communities. Attorney consultations are encouraged and always free.

- Auburn** . . . . . 253-931-1111
- Bellevue** . . . . . 425-827-1111
- Burien** . . . . . 206-241-1708
- Everett** . . . . . 425-252-1111
- Federal Way** . . . 253-946-1111
- Gig Harbor** . . . . 253-853-5005
- Lacey** . . . . . 360-786-1717
- Lakewood** . . . . . 253-274-1111
- Lynnwood** . . . . . 425-775-1111
- Marysville** . . . . . 360-658-1111
- Mount Vernon** . . 800-422-4610
- Port Orchard** . . 360-876-5005
- Puyallup** . . . . . 253-845-1112
- Renton** . . . . . 425-235-1111
- Seattle** . . . . . 206-448-1992
- Silverdale** . . . . . 360-876-5005
- Tacoma** . . . . . 253-627-7701

*Or Call Toll Free*

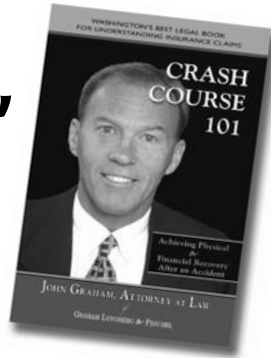
North Puget Sound area  
including Island, Skagit, King,  
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& Thurston Counties  
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